

Education Calendar

12/13/2018

December 2018

10 Warning Signs of Alzheimer's

For info or to register contact:
phone: **800-272-3900** or email:

December 13, 2018 12:00 pm - 1:00 pm
Rocky River Gardens Rehabilitation & Nursing Center
4102 Rocky River Drive, Cleveland, OH 44135,

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

10 Warning Signs of Alzheimer's

For info or to register contact:
phone: **800-272-3900** or email:

December 18, 2018 6:00 pm - 7:00 pm
Mount Alverna Village
6765 State Road, Parma, OH 44134,

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

January 2019

Understanding Dementia Related Behavior

For info or to register contact:
phone: **800-272-3900** or email:

January 03, 2019 2:00 pm - 3:00 pm
Maplewood at Chardon
12350 Bass Lake Road, Chardon, OH 44024,

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Understanding Alzheimer's and Dementia

For info or to register contact:
phone: **800-272-3900** or email:

January 10, 2019 6:00 pm - 7:00 pm
Brooklyn Pointe
4800 Idlewood Drive, Brooklyn, OH 44144,

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Understanding Alzheimer's and Dementia

For info or to register contact:
phone: **800-272-3900** or email:

January 10, 2019 6:00 pm - 6:45 pm
Heartland of Mentor
8200 Mentor Hills Drive, Mentor, OH 44060,

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Healthy Living for Your Brain and Body: Tips from the Latest Research

For info or to register contact:
phone: **800-272-3900** or email:

January 14, 2019 6:00 pm - 7:00 pm
Brooklyn Pointe
4800 Idlewood Drive, Brooklyn, OH 44144,

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Understanding Alzheimer's and Dementia

For info or to register contact:
phone: **800-272-3900** or email:

January 15, 2019 6:00 pm - 7:00 pm
Moun Alverna Village
6765 State Road, Parma, OH 44134,

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Legal and Financial Issues - Planning for the Future

For info or to register contact:
phone: **800-272-3900** or email:

January 24, 2019 3:30 pm - 4:30 pm
Cleveland Clinic Fairview Hospital Wellness
3035 Wooster Road, Rocky River, OH 44116,

This program is designed for diagnosed individuals and their family members who want to learn what legal documents are essential to manage family affairs and learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.

Legal and Financial Issues - Planning for the Future

For info or to register contact:
phone: **800-272-3900** or email:

January 29, 2019 5:30 pm - 6:30 pm
Royal Oak
6973 Pearl Road, Middleburg Heights, OH 44130,

This program is designed for diagnosed individuals and their family members who want to learn what legal documents are essential to manage family affairs and learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.

Living with Alzheimer's: One Person's Perspective

For info or to register contact:
phone: **800-272-3900** or email:

January 31, 2019 6:00 pm - 7:00 pm
Danbury Senior Living
9500 Broadview Road, Broadview Heights, OH 44147,

Learn about Alzheimer's disease from a person who is living with it . . . You won't want to miss this inspiring program that will feature a person in the early stage of Alzheimer's disease who will share how one learns to live with Alzheimer's disease.

February 2019

Effective Communication Strategies

For info or to register contact:
phone: **800-272-3900** or email:

February 19, 2019 6:00 pm - 7:00 pm
Mount Alverna Village
6765 State Road, Parma, OH 44134,

Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.

Healthy Living for Your Brain and Body: Tips from the Latest Research

For info or to register contact:
phone: **800-272-3900** or email:

February 21, 2019 11:00 am - 12:00 pm
Warrensville Heights Family YMCA
4433 Northfield Road, Cleveland, OH 44128,

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

March 2019

Understanding Dementia Related Behavior - CEU

For info or to register contact:
phone: **800-272-3900** or email:

March 19, 2019 6:00 pm - 7:00 pm
Mount Alverna Village
6765 State Road, Parma, OH 44134,

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease. 1.0 Social Work CEU available.

Healthy Living for Your Brain and Body: Tips from the Latest Research

For info or to register contact:
phone: **800-272-3900** or email:

March 19, 2019 11:30 am - 1:00 pm
Warrensville Heights Civic & Senior Center
4567 Green Road, Warrensville Heights, OH 44128,

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Dementia Care Training

For info or to register contact:
phone: **800-272-3900** or email:

March 26, 2019 9:30 am - 3:30 pm
Lake County Council on Aging
8520 East Avenue, Mentor, OH 44060,

Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.

This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior.

Four social work CEUs are available.

Please plan to bring a brown bag lunch.

April 2019

Living with Alzheimer's: One Person's Perspective

For info or to register contact:
phone: **800-272-3900** or email:

April 16, 2019 6:00 pm - 7:00 pm
Mount Alverna Village
6765 State Road, Parma, OH 44134,

Learn about Alzheimer's disease from a person who is living with it . . . You won't want to miss this inspiring program that will feature a person in the early stage of Alzheimer's disease who will share how one learns to live with Alzheimer's disease.

Understanding Alzheimer's and Dementia

For info or to register contact:
phone: **800-272-3900** or email:

April 18, 2019 11:00 am - 12:00 pm
Warrensville Heights Family YMCA
4433 Northfield Road, Warrensville Heights, OH 44128,

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

May 2019

Dementia Care Training

For info or to register contact:
phone: **800-272-3900** or email:

May 21, 2019 9:30 am - 3:30 pm
Chardon Public Library
110 E. Park Street, Chardon, OH 44024,

Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.

This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior.

Four social work CEUs are available.

Please plan to bring a brown bag lunch.

10 Warning Signs of Alzheimer's

May 29, 2019 11:00 am - 12:00 pm

Mandel JCC Lunch Plus Program

1500 Warrensville Center Road, Cleveland Heights, OH 44118,

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

For info or to register contact:

phone: **800-272-3900** or email:

June 2019

Dementia Care Training

June 18, 2019 9:30 am - 3:30 pm

Alzheimer's Association

23215 Commerce Park, Beachwood, OH 44122,

Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.

This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior.

Four social work CEUs are available.

Please plan to bring a brown bag lunch.

For info or to register contact:

phone: **800-272-3900** or email:

July 2019

Effective Communication Strategies

July 11, 2019 2:00 pm - 3:00 pm

Maplewood at Chardon

12350 Bass Lake Road, Chardon, OH 44024,

Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.

For info or to register contact:

phone: **800-272-3900** or email:

December 2019

Effective Communication Strategies

December 18, 2019 11:00 am - 12:00 pm

Mandel JCC Lunch Plus Program

1500 Warrensville Center Road, Cleveland Heights, OH 44118,

Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.

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