

## Education Calendar 2019 - 2020

### July 2019

#### ***Dementia Conversations***

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 10, 2019 6:30 pm – 7:30 pm**

Rae Ann, 28303 Detroit Road, Westlake, OH 44145

When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

#### **Effective Communication Strategies**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 11, 2019 2:00 pm – 3:00 pm**

Maplewood at Chardon, 12350 Bass Lake Road, Chardon, OH 44024

Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.

#### **Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 12, 2019 1:00 pm – 2:00 pm**

Willoughby Senior Center, 38032 Brown Avenue, Willoughby, OH 44094

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

#### **Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 12, 2019 6:00 pm – 7:00 pm**

Atria Newell Creek, 7900 Center Street, Mentor, OH 44060

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

**Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 16, 2019 11:30 am – 1:00 pm**

UH-Geauga, 13207 Ravenna Road, Chardon, OH 44024

**For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age.**

**Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.**

**Effective Communication Strategies**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 16, 2019 12:30 pm – 1:30 pm**

Lakeshore Rose Center for Aging Well, 16600 Lakeshore Blvd., Cleveland, OH 44110

**Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.**

**10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 17, 2019 10:00 am – 11:00 am**

Ehrnfelt Senior Center, 18100 Royalton Road, Strongsville, OH 44136

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

**Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 17, 2019 5:30 pm – 7:00 pm**

Stratford Care and Rehabilitation, 7000 Cochran Road, Solon, OH 44139

**For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age.**

**Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.**

**10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 18, 2019 6:00 pm – 7:00 pm**

Vista Springs Quail Highlands, 7960 Auburn Road, Concord Township, OH 44077

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

### Healthy Living for Your Brain and Body: Tips from the Latest Research

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 20, 2019 12:00 pm – 1:30 pm**

The Greens, 1555 Brainard Road, Lyndhurst, OH 44124

**For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age.**

**Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.**

### Understanding Alzheimer's and Dementia

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 23, 2019 6:00 pm – 7:00 pm**

Mount Alverna Village, 6765 State Road, Parma, OH 44134

**Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.**

### Understanding Dementia Related Behavior

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 25, 2019 1:00 pm – 2:00 pm**

St. Martin De Porres Senior Center, 1264 E. 123<sup>rd</sup> Street, Cleveland, OH 44108

***Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.***

### Understanding Dementia Related Behavior

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 25, 2019 5:30 pm – 7:00 pm**

Brookdale Willoughby, 35300 Kaiser Court, Willoughby, OH 44094

***Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.***

### Dementia Care Training

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 29, 2019 10:00 am – 4:00 pm**

Morley Public Library, 184 Phelps Street, Painesville, OH 44077

**Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.**

**This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior. Four social work CEUs are available.**

**Please plan to bring a brown bag lunch**

**10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**July 31, 2019 10:45 am – 11:45 am**

Senior Citizens Resource, 3100 Devonshire Road, Cleveland, OH 44109

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

**August 2019**

**10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 2, 2019 11:00 am – 12:00 pm**

Madison Senior Center, 2938 Hubbard Road, Madison, OH 44057

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

**Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 7, 2019 6:30 pm – 7:30 pm**

Mentor Public Library, 8215 Mentor Avenue, Mentor, OH 44060

**For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.**

**Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 8, 2019 3:00 pm – 4:00 pm**

Wickliffe Family Resource Center, 2221 Rockefeller Road, Wickliffe, OH 44092

**For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.**

**Understanding Dementia Related Behavior**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 12, 2019 6:30 pm – 7:30 pm**

Brookdale Senior Living, 28550 Westlake Village Drive, Westlake, OH 44145

***Behavior is a powerful form of communication and is one of the primary ways for people with dementia to***

*communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.*

#### **Understanding Alzheimer's and Dementia**

For info or to register: phone **800-272-3900**  
Online - <https://goo.gl/yknto1>

**August 16, 2019 11:00 am – 12:00 pm**

Madison Senior Center, 2938 Hubbard Road, Madison, OH 44057

**Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.**

#### **10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**  
Online - <https://goo.gl/yknto1>

**August 20, 2019 6:00 pm – 7:00 pm**

Mount Alverna Village, 6765 State Road, Parma, OH 44134

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

#### **Effective Communication Strategies**

For info or to register: phone **800-272-3900**  
Online - <https://goo.gl/yknto1>

**August 21, 2019 6:00 pm – 7:00 pm**

Atria Newell Creek, 7900 Center Street, Mentor, OH 44060

**Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.**

#### **Legal and Financial Issues – Planning for the Future**

For info or to register: phone **800-272-3900**  
Online - <https://goo.gl/yknto1>

**August 21, 2019 10:00 am – 11:00 am**

Ehrnfelt Senior Center, 18100 Royalton Road, Strongsville, OH 44136

**This program is designed for diagnosed individuals and their family members who want to learn what legal documents are essential to manage family affairs and learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.**

#### **Living with Alzheimer's: One Person's Perspective**

For info or to register: phone **800-272-3900**  
Online - <https://goo.gl/yknto1>

**August 23, 2019 11:00 am – 12:00 pm**

Madison Senior Center, 2938 Hubbard Road, Madison, OH 44057

**Learn about Alzheimer's disease from a person who is living with it. . . You won't want to miss this inspiring program that will feature a person in the early stage of Alzheimer's disease who will share how one learns to live with Alzheimer's disease.**

**Healthy Living for Your Brain and Body: Tips from the Latest Research**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 24, 2019 10:00 am – 11:30 am**

Chardon United Methodist Church, 515 North Street, Chardon, OH 44024

**For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age.**

**Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.**

**10 Warning Signs of Alzheimer's and Elder Care Options**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 28, 2019 11:30 am – 1:00 pm**

Mayfield Heights Library, 500 Som Center Road, Mayfield, OH 44143

**Join us for a two part program to learn how to recognize the common signs of Alzheimer's disease, how to approach someone about memory concerns, the benefits of diagnosis and the importance of early diagnosis and early planning.**

**One aspect of early planning involves determining which living arrangement is best for the person diagnosed. It is important for caregivers to understand elder care options and how to choose the most appropriate care for their loved one. This program will feature presentations by the Alzheimer Association and Care Patrol of Northeast Ohio. Care Patrol will present *Elder Care Options and How to Pay For It*. 1 CEU is available.**

**10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**August 29, 2019 11:30 am – 1:00 pm**

UH-Geauga, 13207 Ravenna Road, Chardon, OH 44024

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

**September 2019**

**10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 3, 2019 12:00 pm – 1:00 pm**

Ehrnfelt Senior Center, 18100 Royalton Road, Strongsville, OH 44136

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

## Effective Communication Strategies

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 5, 2019 1:00 pm – 2:00 pm**

St. Martin De Porres Senior Center, 1264 E. 123<sup>rd</sup> Street, Cleveland, OH 44108

Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.

## 10 Warning Signs of Alzheimer's

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 17, 2019 12:30 pm – 1:30 pm**

Symphony at Olmsted Falls, 25880 Elm Street, Olmsted Falls, OH 44138

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

## Dementia Care Training

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 23, 2019 10:30 am – 4:30 pm**

Avon Public Library, 37485 Harvest Drive, Avon, OH 44011

Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.

This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior. Four social work CEUs are available.

Please plan to bring a brown bag lunch

## Legal and Financial Issues – Planning for the Future

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 23, 2019 11:00 am – 12:00 pm**

Madison Senior Center, 2938 Hubbard Road, Madison, OH 44057

This program is designed for diagnosed individuals and their family members who want to learn what legal documents are essential to manage family affairs and learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.

## Dementia Conversations

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 26, 2019 6:00 pm – 7:00 pm**

Danbury Senior Living, 9500 Broadview Road, Broadview Heights, OH 44147

When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so



you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

### **10 Warning Signs of Alzheimer's**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**September 26, 2019 11:30 am – 12:30 pm**

Elmcroft of Lorain, 3290 Cooper Foster Road, Lorain, OH 44053

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

## **October 2019**

### **Understanding Dementia Related Behavior**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**October 16, 2019 6:00 pm – 7:00 pm**

Atria Newell Creek, 7900 Center Street, Mentor, OH 44060

***Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.***

### **Legal and Financial Issues – Planning for the Future**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**October 29, 2019 6:30 pm – 7:30 pm**

Mentor Public Library, 8215 Mentor Avenue, Mentor, OH 44060

**This program is designed for diagnosed individuals and their family members who want to learn what legal documents are essential to manage family affairs and learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.**

## **November 2019**

### **Understanding Alzheimer's and Dementia**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**November 12, 2019 12:00 pm – 1:00 pm**

Fairhill Partners, 12200 Fairhill Road, Cleveland, OH 44120

**Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.**



## **Dementia Care Training**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**November 18, 2019 9:30 am – 3:30 pm**

Cleveland Heights Senior Center, 1 Monticello Blvd., Cleveland Heights, OH 44118

**Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.**

**This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior. Four social work CEUs are available.**

**Please plan to bring a brown bag lunch**

## **December 2019**

### **Effective Communication Strategies**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**December 17, 2019 12:30 pm – 1:30 pm**

Symphony at Olmsted Falls, 25880 Elm Street, Olmsted Falls, OH 44138

**Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.**

### **Effective Communication Strategies**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**December 18, 2019 11:00 am – 12:00 pm**

Mandel JCC Lunch Plus Program, 1500 Warrensville Center Road, Cleveland Heights, OH 44118

**Communication is more than just talking and listening- it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you to connect and communicate at each stage of the disease.**

## **January 2020**

### **Dementia Conversations**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**January 15, 2020 6:00 pm – 7:00 pm**

Atria Newell Creek, 7900 Center Street, Mentor, OH 44060

When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

#### **Dementia Care Training**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**January 21, 2020 9:30 am – 3:30 pm**

Solon Community Center, 35000 Portz Pkwy, Solon, OH 44139

**Dementia Care Training is a FREE program for both family and professional caregivers who provide care to those with dementia-related diseases.**

**This program provides an overview of Alzheimer's disease and related disorders, teaches effective communication techniques, gives ideas on how to engage those with cognitive problems, and provides strategies for managing challenging behavior. Four social work CEUs are available.**

**Please plan to bring a brown bag lunch**

#### ***10 Warning Signs of Alzheimer's***

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**January 30, 2020 6:00 pm – 7:00 pm**

Danbury Senior Living, 9500 Broadview Road, Broadview Heights, OH 44147

**Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.**

### **February 2020**

#### ***Understanding Alzheimer's and Dementia***

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**February 27, 2020 6:00 pm – 7:00 pm**

Danbury Senior Living, 9500 Broadview Road, Broadview Heights, OH 44147

**Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.**

### **March 2020**

#### **Legal and Financial Issues – Planning for the Future**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**March 18, 2020 6:00 pm – 7:00 pm**

Atria Newell Creek, 7900 Center Street, Mentor, OH 44060

**This program is designed for diagnosed individuals and their family members who want to learn what legal documents are essential to manage family affairs and learn how to prepare to finance long-term care. Participants will have the opportunity to get their questions answered by an attorney who specializes in Elder Law.**

**Living with Alzheimer's: One Person's Perspective**

For info or to register: phone **800-272-3900**

Online - <https://goo.gl/yknto1>

**May 20, 2020 6:00 pm – 7:00 pm**

Atria Newell Creek, 7900 Center Street, Mentor, OH 44060

**Learn about Alzheimer's disease from a person who is living with it. . . You won't want to miss this inspiring program that will feature a person in the early stage of Alzheimer's disease who will share how one learns to live with Alzheimer's disease.**