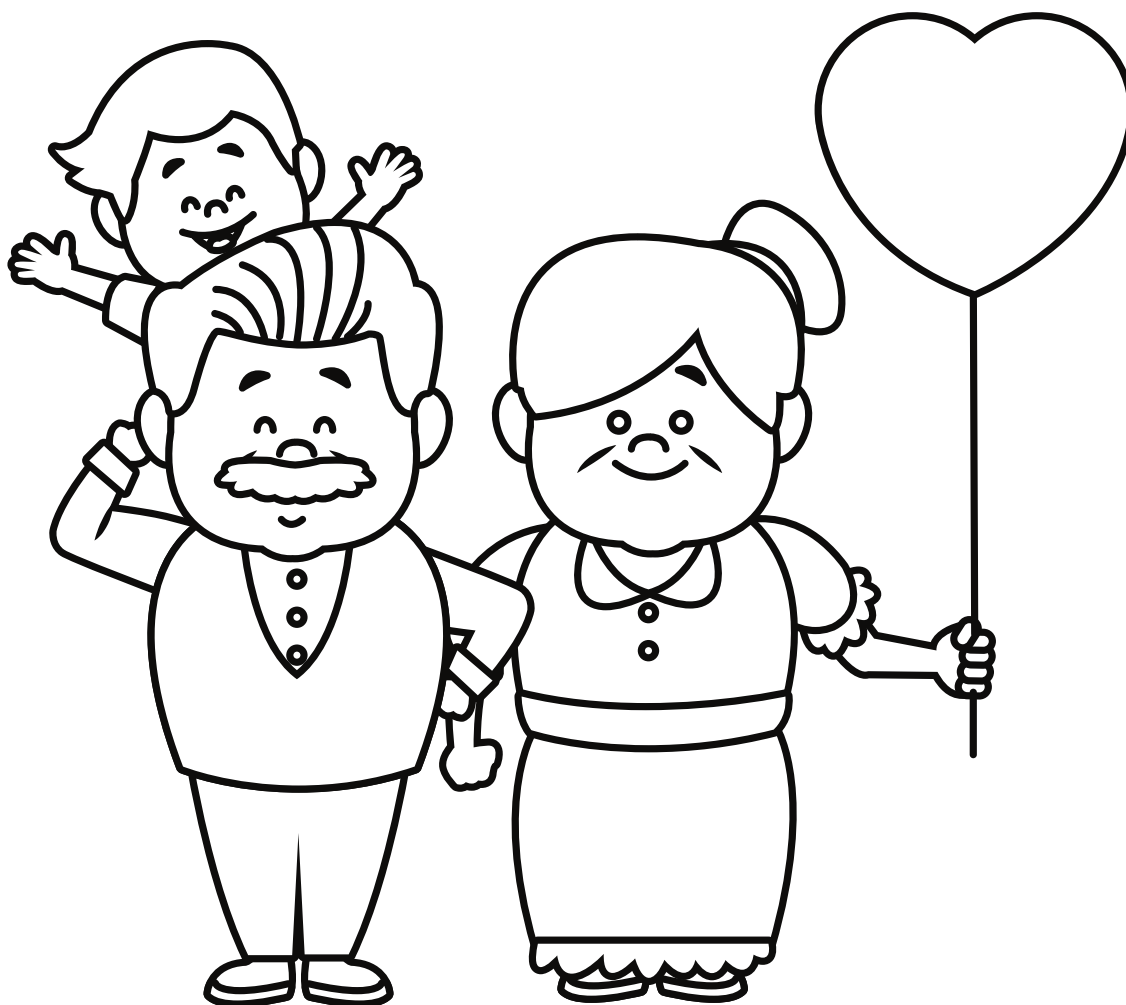


Grandparents **DAY**

September 7, 2025

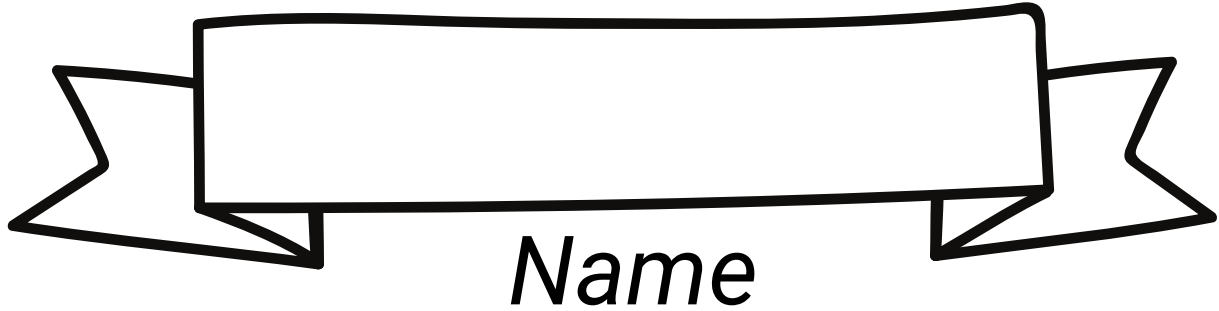


Activity Booklet



Western Reserve
Area Agency on Aging

My Book



Western Reserve Area Agency on Aging (WRAAA) created this activity book to celebrate grandparents and their family role. Grandparents Day is an opportunity to strengthen intergenerational bonds. Recognizing grandparents helps other generations understand the wisdom, support and guidance grandparents provide. Share this book with your family and create lasting memories.



What do you call your grandma?
Circle one or fill in your answer:

Grandmother

Grammy

Mimi

MeeMaw

Nonna

Nana

Abuela

Grannie

Other: _____



What do you call your grandpa?
Circle one or fill in your answer:

Grandfather

Gramps

Pop-Pop

Popa

Pappy

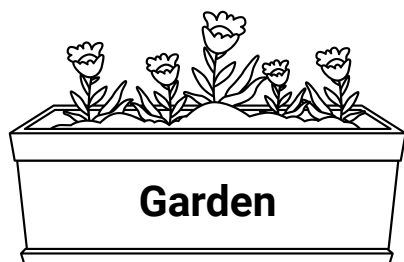
Grandpop

Granddad

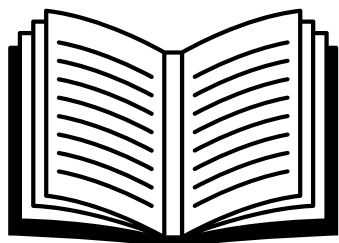
Other: _____



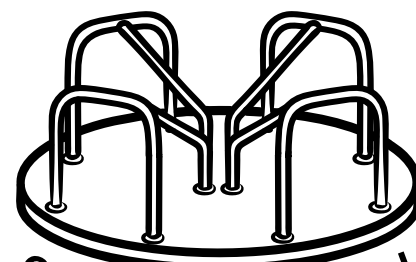
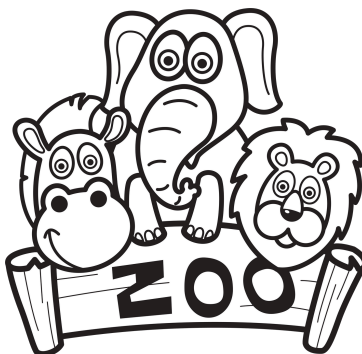
Color in your favorite things to do with your grandparents



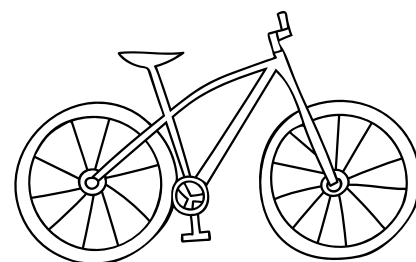
Garden



Visit the Library & read



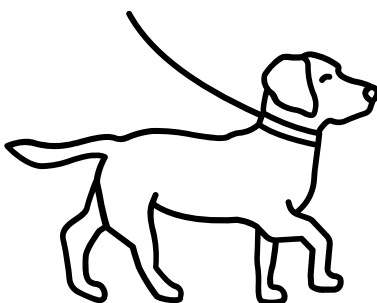
Go to the playground



Bicycle Ride



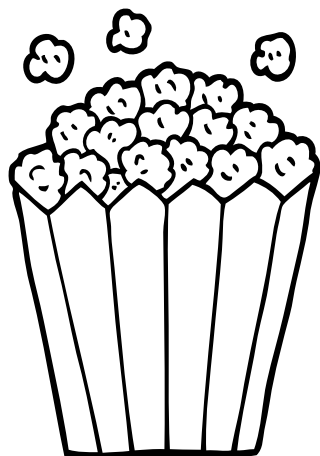
Hiking



Walk the dog together



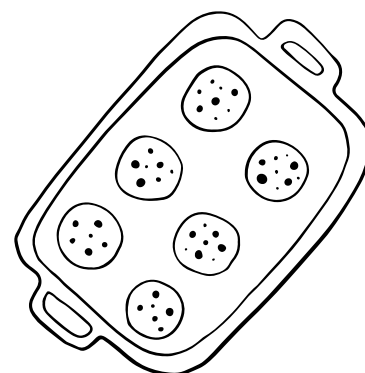
Play in the rain or mud



Watch movies



Sing & Dance



**Baking cookies or
Making a snack**

Treats

(Always check for allergies prior to consuming)

Spider Sandwich

Ingredients

- 1 slice bread slice (whole wheat)
- 2 tablespoons nut butter (or cream cheese)
- 6 medium pretzel sticks
- 1 medium blueberry (or black bean)



Instructions

1. Cut two rounds from the bread slice using a cookie cutter, biscuit cutter, or drinking glass.
2. Spread a thin layer of peanut butter or cream cheese on the bread rounds.
3. Press 6 pretzel sticks into the center of the peanut butter-coated round to form the spider's legs.
4. Cover the bread round with the second bread round.
5. Cut the blueberries into 2 pieces.
6. Press blueberry halves into the top of the bread to make the spider's eyes.

<https://www.nutrition.gov/recipes/spider-sandwich>

Ants on a Log

Ingredients

- 5 stalks celery
- ½ cup peanut butter
- ¼ cup raisins

Instructions

1. Cut celery stalks in half; spread with peanut butter. Arrange raisins on top.

<https://www.allrecipes.com/recipe/23953/ants-on-a-log/>



Kiddie Crunch Mix

Ingredients

- 1 cup plain or frosted animal crackers
- 1 cup bear-shaped crackers
- 1 cup miniature pretzels
- 1 cup salted peanuts
- 1 cup M&M's
- 1 cup yogurt- or chocolate-covered raisins

Instructions

1. In a bowl, combine all ingredients. Store in an airtight container.

<https://www.tasteofhome.com/recipes/kiddie-crunch-mix/>



Get to know your Grandparents

Ask your grandparents the following questions, and write their response:

What was your favorite toy or game as a child?



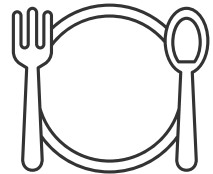
What was your favorite subject in school?



Did you have any pets growing up?



What was your favorite meal to eat at home?



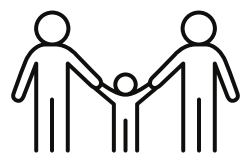
What did you do for fun as a child?

What are some of your happiest childhood memories?

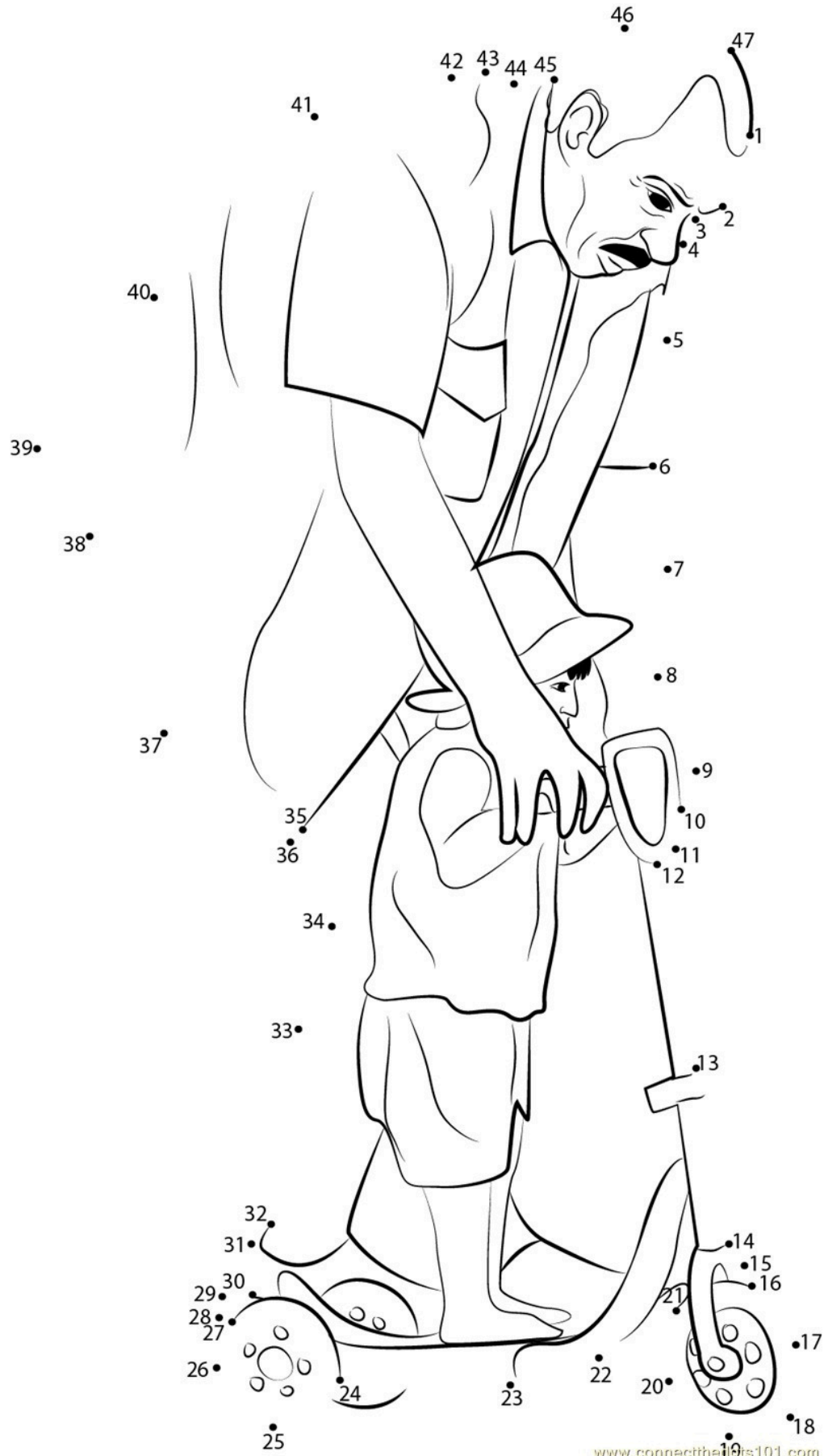
What was your childhood home like?



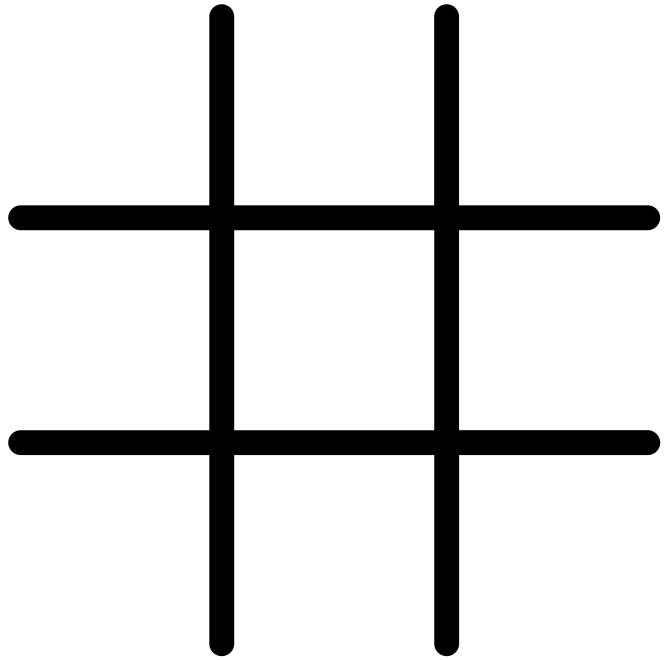
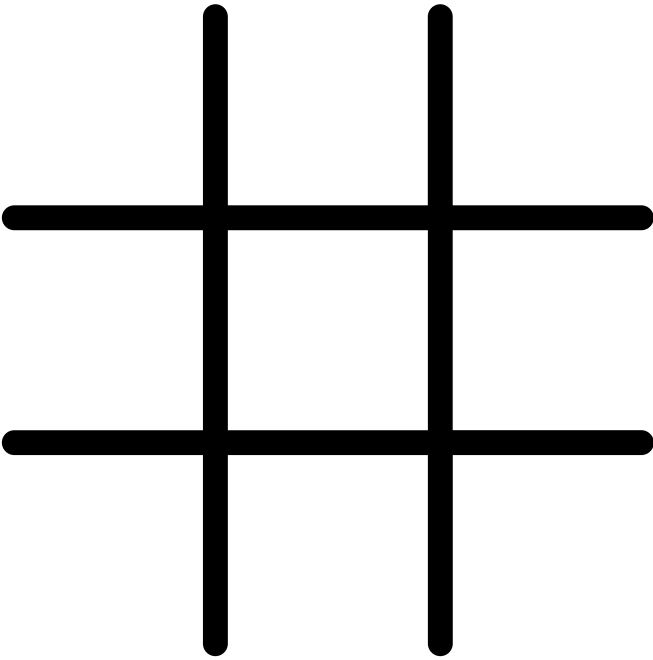
Do you remember any special family traditions?



Connect the Dots



Tic Tac Toe



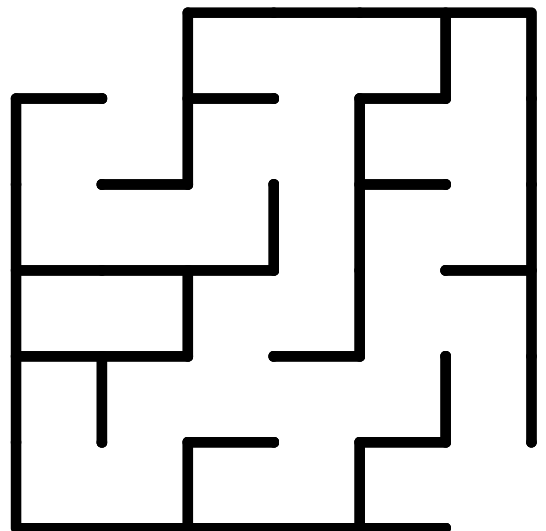
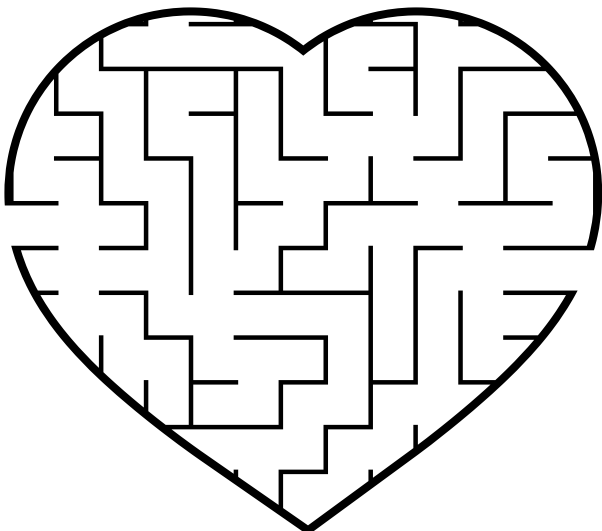
Numbers & ABCs

Fill in the spaces

1____, 3, 4____, 6____,____,9,10

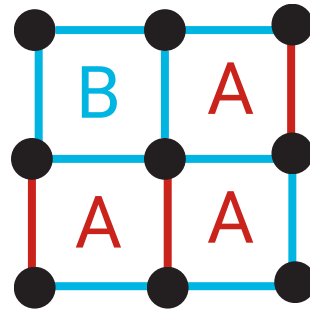
A,B,C,____,____,____,G,____,I,____,K,L,M,____,O
,____,Q,R,____,T,U,____,W,____,Y____,Z

Maze



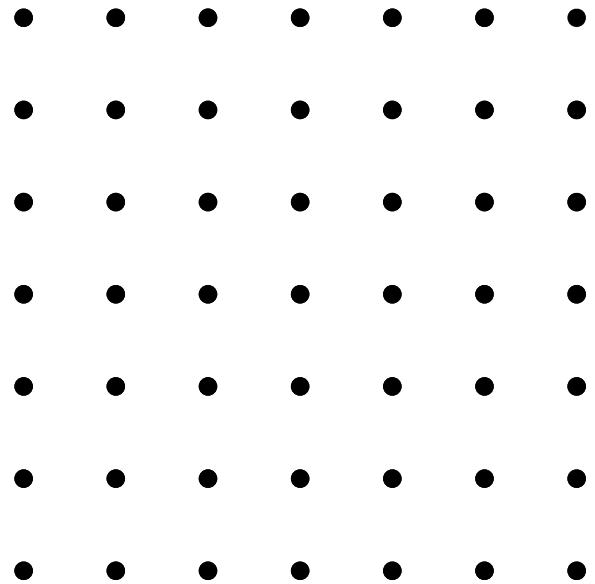
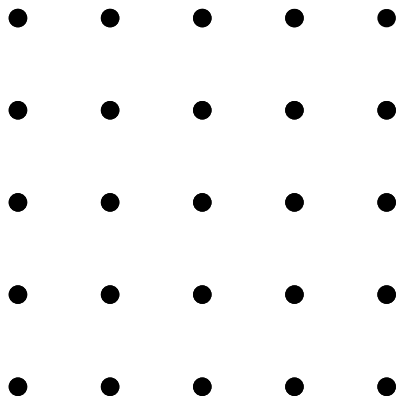
Dots & Boxes

PLAY: Each player takes turns drawing one line between two dots (no diagonal lines allowed). If a line completes a square, the player writes their initials in that square and draws another line. The game ends when all lines have been drawn, and the player with the most completed squares is the winner.

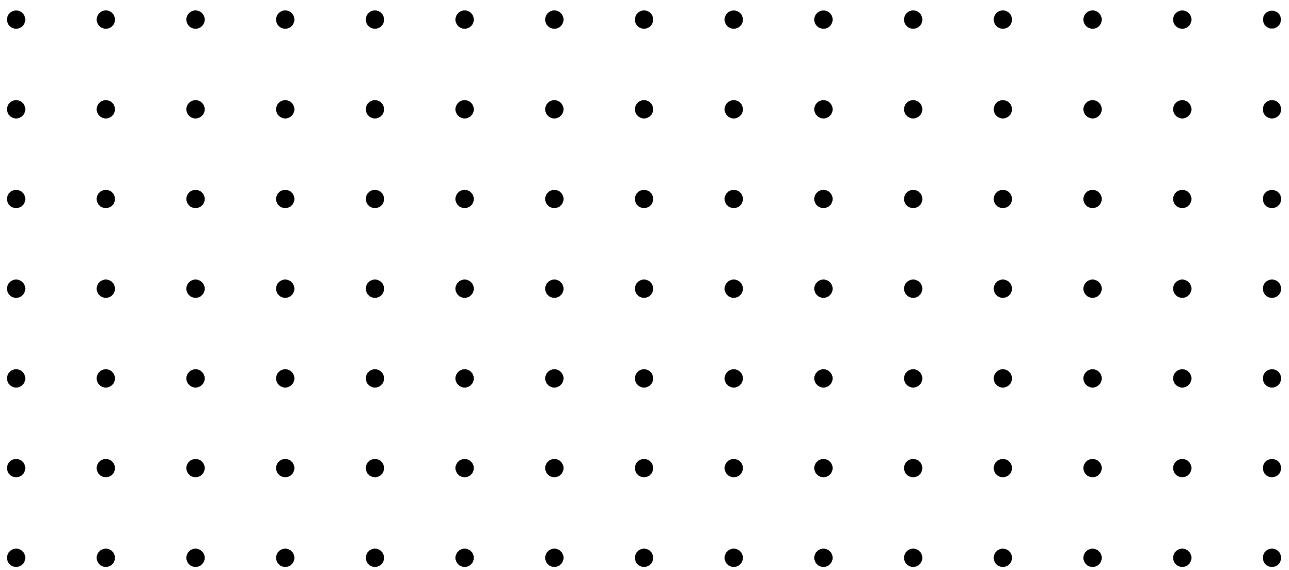


Game 2

Game 1



Game 3



Word Find



Find the words hidden in the word search



NICE

CARE

RESPECT

CHEERFUL

GRANDPA

SMILES

GRANDKIDS

WISE

HUG

GRANDMA

PLAYFUL

KIN

SING

JOY

HAPPY



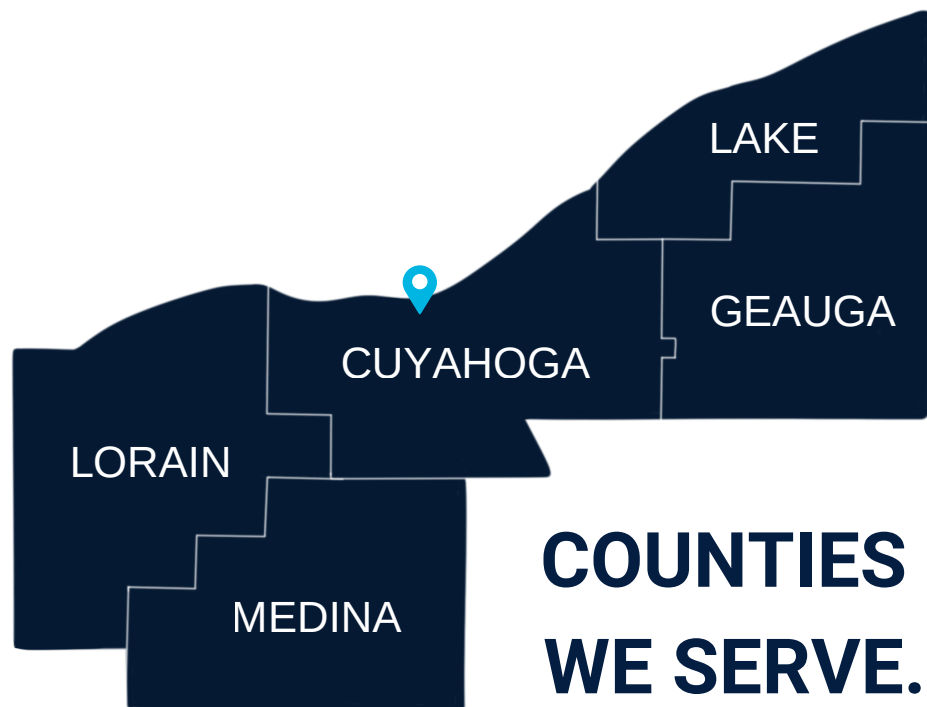
Western Reserve Area Agency on Aging

About WRAAA:

The Western Reserve Area Agency on Aging (WRAAA) is a private nonprofit corporation. We were organized and designated by the State of Ohio to be the planning, coordinating, and administrative agency for federal and state aging programs in Cuyahoga, Geauga, Lake, Lorain, and Medina counties. Building upon four decades of experience in providing services and support to individuals in need, WRAAA continues to expand our service portfolio in the long-term and healthcare delivery systems. We look forward to the opportunity to serve you.

Our Mission Statement

We provide choices for people to live independently in the place they want to call home.





Western Reserve

Area Agency on Aging



| @WRAAonAging



| @WRAAACommunity



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