DRAFT – 2023 -2026 Strategic Area Plan Goals

Focus Area 1: Community Conditions	Target Date
Goal statement : Older Ohioans and individuals with disabilities will have the opportunity to apply for, qualify for and receive public benefits through services such as Medicare savings programs, home modifications and repairs, rental assistance and transportation services.	12/31/2026
Plan for measuring overall goal success – How will you know that you have achieved the results you want? The number of older adults and individuals with disabilities that receive public benefits, home repairs and assistance with transporta	tion.

Objective 1.	1: Improve Financial Stability			
🛛 Title III 🗆 S	urces Supporting these Strategies (se SCS	imer's Respite 🛛 Other Feder		
Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date
Income supports	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older males Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	Advocate to protect and expand public benefits to leverage an individual's income. WRAAA Public Policy Committee will monitor proposed changes in federal programs or legislation (such as Medicaid, Medicare, SSI, and SSDI) and determine possible advocacy action. Advocacy in Motion – a	Select a basic measure: Choose an item. OR Other measure not listed (describe): WRAAA Board of Trustees through its Public Policy Committee and Advocacy in Motion will take appropriate advocacy action as	12/31/2026
		WRAAA initiative- will be educated on the issues and take advocacy action.	needed by training volunteers.	

Objective 1.2: Improve Housing Quality and Affordability

 Funding Sources Supporting these Strategies (select all that apply):

 Image: Strate Strate Strategies (select all that apply):

 Image: Strate Strate Strate Strategies (select all that apply):

 Image: Strate Strate Strate Strategies (select all that apply):

 Image: Strate Strate Strate Strategies (select all that apply):

 Image: Strate S

Strategies	(Select the priority population(s) your organization would like to focus on or prioritize for each strategy) prog imple who will y etc.)		Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date
Rental assistance and supportive housing	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals with Alzheimer's disease and related disorders Older individuals with limited English proficiency 	Advocate for increased federal funding of rental assistance and supportive housing programs for low- income older adults and persons with disabilities. WRAAA Board's Public Policy Committee will monitor and analyze proposed legislation for possible action. Advocacy in Motion – a WRAAA initiative- will be educated on the issues and take appropriate advocacy action.	Select a basic measure: Choose an item. OR Other measure not listed (describe): The number of educational sessions with members of Congress in WRAAA's service area on the importance of expanding and increasing funding for HUD programs that reduce housing instability including possible legislative action.	12/31/2026
Rental assistance and supportive housing	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals with folcaust survivors) Older individuals with limited English proficiency 	Monitor the use and implementation of a portion of Ohio's State and Local Fiscal Recovery (SLFR) funding from the American Rescue Plan to increase the supply of affordable housing. WRAAA Board's Public Policy Committee will be responsible for monitoring the State's progress.	Select a basic measure: Choose an item. OR Other measure not listed (describe): WRAAA Board of Trustees through its Public Policy Committee and Advocacy in Motion will take appropriate advocacy action as	12/31/2026
			needed by training volunteers.	
Housing accessibility and quality	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	The HomeFix Program will assist older adult home owners by providing home repairs and modifications. The repairs and modifications will assist in allowing the older adults to remain in their homes.	Select a basic measure: # of consumers, service recipients, or participants OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2023

Objective 1.3: Improve Transportation Access

and related disorders ⊠ Older individuals at risk of institutional

Funding Sources Supporting these Strategies (select all that apply): Image: Strategies of the state strategies (select all that apply): Image: Strategies of the state strategies (select all that apply): Image: Strategies of the state strategies (select all that apply): Image: Strategies of the state strategies (select all that apply): Image: Strategies of the state strategies (select all that apply): Image: Strategies of the state strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies of the strategies (select all that apply): Image: Strategies (select all that apply):						
Strategies	Priority Populations Action Steps Evidence of					
	(Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	(Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	completion (How will you know the strategies and steps have been completed and done well?)	Date		
Medical transportation	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities 	Collaborate and engage with community partners who provide transporation services. Advocate on behalf of the consumer to receive	Select a basic measure: # of consumers, service recipients, or participants OR	12/31/2026		
	 □ LGBTQ+ □ Older adults who live alone □ Older females □ Older males □ Older individuals with Alzheimer's disease and related disorders 	transportation services to medical appointments and other services such as grocery shopping, worship service and other places they wish to go.	Other measure not listed (describe): Click or tap here to enter text.			

Focus Area 2: Healthy Living	Target Date
Goal statement: Educate older adults and adults with disabilities on living healthy lives through good nutrition and exercise.	12/31/2026
Plan for measuring overall goal success – How will you know that you have achieved the results you want?	-

Increase the number of older adults and adults with disabilities on receiving SNAP benefits, eating healthy foods and engaging in physical activity.

Focus Area 2 Objectives, Strategies and Steps to Meet Your Agency's Goal

Objective 2.1: Improve Nutrition

 Funding Sources Supporting these Strategies (select all that apply):

 ☑ Title III
 □ SCS
 □ ARPA
 □ CARES
 □ NSIP
 □ Alzheimer's Respite
 ☑ Other Federal Funding (specify): USDA through the Senior Farmers' Market Nutrition Program
 □ Other State Funding (specify): Click or tap here to enter text.
 □ Local Levy
 □ Other

 (specify): Click or tap here to enter text.
 □ Local Levy
 □ Other

Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date
SNAP enrollment	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proticiency 	Work with community partners to provide outreach to increase enrollment for SNAP.	Select a basic measure: # of consumers, service recipients, or participants OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026
Malnutrition prevention and treatments	 ☑ Ohioans of color ☑ Ohioans with disabilities ☑ Low income or educational attainment ☑ Rural or Appalachian regions ☑ Immigrant or refugee ☑ Religious minorities ☑ LGBTQ+ ☑ Older adults who live alone ☑ Older males ☑ Older males 	Increase the number of mobile markets during the Senior Farmers' Market Nutrition Program season.	Select a basic measure: # of consumers, service recipients, or participants OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026
	 ☑ Older individuals with Alzheimer's disease and related disorders ☑ Older individuals at risk of institutional placement (including Holocaust survivors) ☑ Older individuals with limited English proficiency 			

Objective 2.2	2: Improve Physical Activity					
⊠ Title III □ S	urces Supporting these Strategies (se CS □ ARPA □ CARES □ NSIP □ Alzhei her State Funding (specify): Click or tap here to e	mer's Respite 🛛 Other Federa				
Strategies Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy) Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.) Evidence of completion (How will you know the strategies and steps have been completed and done well?) Targe Date						
Physical activity programs	 ☑ Ohioans of color ☑ Ohioans with disabilities ☑ Low income or educational attainment ☑ Rural or Appalachian regions ☑ Immigrant or refugee ☑ Religious minorities ☑ LGBTQ+ ☑ Older adults who live alone ☑ Older females ☑ Older males 	Provide Bingocize to seniors in our region to increase physical activity in a fun way.	Select a basic measure: # of consumers, service recipients, or participants OR	12/31/2026		
	 ☑ Older individuals with Alzheimer's disease and related disorders ☑ Older individuals at risk of institutional placement (including Holocaust survivors) ☑ Older individuals with limited English proficiency 		Other measure not listed (describe): Click or tap here to enter text.			

Focus Area 3: Access to Care	Target Date
Goal statement: Older adults and adults with disabilities can remain living in their homes and receive services. Caregivers will have access to services and resources to assist in the care provided to their loved ones.	12/31/2026
Plan for measuring overall goal success – How will you know that you have achieved the results you want? The number of older adults, adults with disabilities and caregivers that receive services which they have found beneficial.	

Focus Area 3	Focus Area 3 Objectives, Strategies and Steps to Meet Your Agency's Goal					
Objective 3.1	: Improve Health-care Coverage and Af	fordability				
🛛 Title III 🗆 SC	rces Supporting these Strategies (se CS □ ARPA □ CARES □ NSIP □ Alzhei er State Funding (specify): Click or tap here to e	mer's Respite 🛛 Other Federa				
Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date		
Health insurance enrollment and coverage	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals with Alzheimer's disease Older individuals with folocaust survivors) Older individuals with limited English proficiency 	Monitor and analyze proposed legislation that addresses the gaps in Medicare's lack of comprehensive coverage (i.e., hearing, vision, and oral health services). WRAAA Board's Public Policy Committee will review proposed legislation for possible action. Advocacy in Motion – a WRAAA initiative- will be educated on the issues and take advocacy action.	Select a basic measure: Choose an item. OR Other measure not listed (describe): WRAAA Board of Trustees through its Public Policy Committee and Advocacy in Motion will take appropriate advocacy action as needed by training volunteers.	12/31/2026		

Funding Sources Supporting these Strategies (select all that apply): Title III SCS ARPA CARES NSIP Alzheimer's Respite Other Federal Funding (specify): Medicare Other State Funding (specify): Click or tap here to enter text. Local Levy Other (specify): Medical Mutual					
Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will Implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategles and steps have been completed and done well?)	Target Date	
Home- and community- based care coordination	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	Through the use of BRI Care Consultation caregivers will receive assistance through the coordination of services for themselves and the care recipients.	Select a basic measure: % of recipients satisified with program or service received OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026	
Transitions to home- and community- based care	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	To assist with self- management skills for individuals who are transitioning from the hospital to home.	Select a basic measure: % of participants with increased knowledge, skill, ability, or confidence as a result of the program OR Other measure not listed (describe): Consumer participation in the program will reduce rehospitalization rates less than 10%.	12/31/2026	
Telehealth	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	Through the use of technology, provide case management, coordination of services and health coaching.	Select a basic measure: # of consumers, service recipients, or participants OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026	

🛛 Title III 🗆 S	urces Supporting these Strategies (se CS	mer's Respite	al Funding (specify): Click or her (specify): Click or tap here	
Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date
General caregiver supports	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	Through the use of BRI Care Consultation to coordinate services for both the care recipient and caregiver to offer support.	Select a basic measure: % of participants with increased knowledge, skill, ability, or confidence as a result of the program OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026
General caregiver supports	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	The Family Caregiver Support Program provides information, respite services, education and support groups to caregivers.	Select a basic measure: # of consumers, service recipients, or participants OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026
Respite care	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	To coordinate respite services for the caregiver which will allow the caregiver to take a break from their caregiving efforts.	Select a basic measure: # of consumers, service recipients, or participants OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026

Focus Area 4: Social Connectedness	Target Date
Goal statement: Older adults and persons with disabilities may experience increased social isolation and/or loneliness. The effect of social isolation and loneliness on mortality is comparable to that of other well-established risk factors such as smoking, obesity,	12/31/2026
and physical inactivity (World Health Organization, 2022). WRAAA will expand its telephone reassurance program (TeleCare) as	
well as develop other strategies to improve social connectedness for older adults and persons with disabilities.	
Plan for measuring overall goal success – How will you know that you have achieved the results you want?	-
WRAAA will identify additional consumers who may need TeleCare and offer the program to them; The TeleCare program census w	
Partnerships will be developed to raise awareness about the need for social connectedness; and Partners will plan an educational o	pportunity to
train community stakeholders about the issue of social isolation and loneliness.	

Focus Area 4 Objectives, Strategies and Steps to Meet Your Agency's Goal

Objective 4.1: Improve Social Inclusion

 Funding Sources Supporting these Strategies (select all that apply):

 Image: Strategies (select all that apply):

 <t

Strategies Priority Populations Action Steps Evidence of Target completion Date (How will you know the (Select the priority population(s) your organization (Include details such as specific would like to focus on or prioritize for each strategy) programs or services you will strategies and steps have implement, frequency, location, been completed and done who is responsible/partners, how well?) will you communicate progress. etc.) Ohioans of color Community In order to increase TeleCare Select a basic measure: # 12/31/2026 Ohioans with disabilities engagement census we will work with our of consumers, service Low income or educational attainment and social regional provider network and recipients, or participants Rural or Appalachian regions supports other stakeholders to identify Immigrant or refugee Religious minorities consumers who are at risk for OR □ LGBTQ+ social isolation/loneliness and Older adults who live alone would benefit from social Other measure not listed Older females inclusion. (describe): Click or tap here Older males to enter text Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency Ohioans of color WRAAA will increase 12/31/2026 Community Select a basic measure: # Ohioans with disabilities engagement partnerships to build of new Low income or educational attainment and social awareness about social partnerships/collaborations Rural or Appalachian regions supports isolation and loneliness by Immigrant or refugee ☑ Religious
☑ LGBTQ+ identifying interested parties OR Religious minorities from the provider service Older adults who live alone network and other Other measure not listed Older females stakeholders (describe): Click or tap here Older males to enter text. Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency Ohioans of color WRAAA will convene partners Select a basic measure: # 12/31/2026 Community Ohioans with disabilities engagement to plan an educational of training sessions Low income or educational attainment \boxtimes and social opportunity to train community Rural or Appalachian regions supports stakeholders about the issue OR Immigrant or refugee of social isolation and Religious minorities LGBTQ+ loneliness as well as Older adults who live alone Older females Older males innovative, effective practices Other measure not listed Older individuals with Alzheimer's disease for social inclusion. (describe): Click or tap here and related disorders to enter text. Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency

Focus Area 5: Population Health	Target Date
Goal statement: Older adults and adults with disabilities can take control of their health through participation in self help workshops.	12/31/2026
Plan for measuring overall goal success – How will you know that you have achieved the results you want? The number of workshops offered to older adults and adults with disabilities.	

Objective 5.2: Cardiovascular Health: Reduce Hypertension							
Funding Sources Supporting these Strategies (select all that apply): Image: Strategies Strategies (select all that apply): Image: Strategies Strategies Strategies Strategies (select all that apply): Image: Strategies St							
Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date			
Disease prevention, management, and care coordination	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals at risk of institutional placement (including Holocaust survivors) Older individuals with limited English proficiency 	Work with Community Partners to provide Chronic Disease Self-Management Programs in our region.	Select a basic measure: # of training sessions OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026			

Focus Area 6: Preserving Independence	Target Date
Goal statement: Through the participation in workshops older adults and adults with disabilities will be empowered to take control of their lives through managing chronic pain and preventing falls.	12/31/2026
Plan for measuring overall goal success – How will you know that you have achieved the results you want? The number of educational sessions available to older adults and adults with disabilities.	1

Objective 6.1	I: Improve Chronic Pain Management			
Funding Sou	Inces Supporting these Strategies (se CS	mer's Respite 🛛 Other Federa		
Strategies	Priority Populations (Select the priority population(s) your organization would like to focus on or prioritize for each strategy)	Action Steps (Include details such as specific programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	Evidence of completion (How will you know the strategies and steps have been completed and done well?)	Target Date
Self- management supports	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older males Older individuals with Alzheimer's disease and related disorders Older individuals with fuzient survivors) Older individuals with limited English proficiency 	Work with community partners by providing Chronic Pain Self-Management Programs in our region.	Select a basic measure: # of training sessions OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026
🛛 Title III 🗆 S	Irces Supporting these Strategies (sel CS	mer's Respite		
	would like to focus on or prioritize for each strategy)	programs or services you will implement, frequency, location, who is responsible/partners, how will you communicate progress, etc.)	(How will you know the strategies and steps have been completed and done well?)	
Falls prevention education and self- management	 Ohioans of color Ohioans with disabilities Low income or educational attainment Rural or Appalachian regions Immigrant or refugee Religious minorities LGBTQ+ Older adults who live alone Older females Older individuals with Alzheimer's disease and related disorders 	Work with community partners on providing Matter of Balance workshops in our region.	Select a basic measure: # of training sessions OR Other measure not listed (describe): Click or tap here to enter text.	12/31/2026