## How Do You Contact The Family Caregiver Support Program?

Telephone: 216.586.3441 or 800.626.7277 Ext. 3131 and ask for the Family Caregiver Support Program

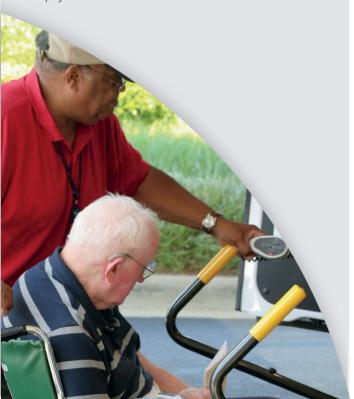
Website: www.areaagingsolutions.org

#### Mailing Address:

Family Caregiver Support Program 1700 East 13th Street, Suite 114 Cleveland, Ohio 44114-3285

### **Services**

Information and referral is available to anyone free of charge. Talk with one of our Care Coordinators for possible help with in-home care, facility respite, adult day programs, transportation or equipment to help you care for a loved one.



# The WRAAA Serves Residents Of Cuyahoga, Geauga, Lake, Lorain and Medina Counties.

The Family Caregiver Support Program (FCSP) is a service of WRAAA and a part of a nationwide network to assist family and informal caregivers to care for their loved ones at home for as long as possible. The FCSP is supported in part by an Older Americans Act Grant through the Ohio Department of Aging. Services are provided by the WRAAA and by partner agencies in our service area.



Area Agency on Aging

Advocacy. Assistance. Answers on Aging and Disabilities.

1700 East 13th Street, Suite 114 Cleveland, Ohio 44114-3285

areaagingsolutions.org (800) 626-7277 Follow us on Social Media!







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## Family Caregiver Support Program

If you are providing help for an older relative, spouse, or loved one — you are a family caregiver.

## What Is Caregiving?

**Caregiving** takes place in your own home, down the street, or across the country.

**Caregivers** may provide regular telephone check-ins, driving and shopping assistance, financial support or 24-hour hands-on care and supervision.

**Caregiving** is rewarding, stressful, heartwarming, and challenging all at the same time.

**Caregiving** is a choice. Taking care of someone is not for everyone. Your family is unique and you must consider your job and family responsibilities, your relationships with each other, your physical abilities and your financial situation.



## The Purpose Of The Family Caregiver Support Program

The WRAAA's Family Caregiver Support Program can provide:

**Information** to Caregivers about available services.

**Assistance** to Caregivers in gaining access to the services.

**Time Out** or respite from caregiving by providing a temporary in-home care worker, time for your loved one at a day center or in a facility allowing you time to care for yourself.

**Referral** to appropriate services such as skill training and support groups to offer caregivers a coordinated approach while working with state and community-based services.

#### **Western Reserve**

Area Agency on Aging

## Who Is Eligible For The Program?

- Adult family members or other informal caregivers age 18 and older providing care to individuals 60 years of age or older;
- Adult family members or other informal caregivers age 18 and older providing care to individuals of any age with Alzheimer's disease and related disorders:
- Grandparents and other relatives (not parents) 55 years of age and older providing care to children under the age of 18; and
- Parents, grandparents, and other relatives 55 years of age and older providing care to adults age 18-59 with disabilities.